

## Pikey Peak Trek



Trip Grade: Easy  
Duration: 9 Nights/10 Days  
Max. Altitude: 4064M

Destination: Nepal  
Region: Everest  
Activity: Trekking & Hiking  
Theme: Lodge Trekking

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### Overview

Pikey Peak Trek is a newly discovered trekking route in Solukhumbu region of Nepal. Trekking around Solukhumbu provides you the glimpses of 8000 meters mountains and nature in low altitude. Trekking Experts offers you this special Pikey Peak Trekking. Pikey Peak Trek takes you to beautiful areas in lower Solukhumbu area inhabited by Sherpa communities. This trip allows you explore flora and fauna and untouched culture in Pikey region. Along with this, the trek offers you with some of the magnificent views of the Himalayan range such as Mount Dhaulagiri, Kanchenjunga, Lhotse, Makalu and many more. Being a newly discovered trekking route, it offers an off-beat and solitary trekking experience.

Pikey Peak Trek is designed to minimize the risk of altitude mountain sickness by limiting the daily gain in altitude. The Pikey Peak trail route is covered with lush forests of rhododendron, oak and pine. You will walk through numerous villages perched on ridge tops surrounded by terraced fields. If you are looking for a short trek near the Everest region, Pikey Peak Trek would be best for you. The Pikey Peak lying at the height of 4067 meter may not be very difficult especially for an experienced trekker.

### Highlights

- ✓ Explore the unique culture and tradition of Sherpa community
- ✓ Amazing views of some of the highest peaks in the world such as Mount Everest, Mount Kanchenjunga, Mount Dhaulagiri, Lhotse, Makalu, etc.
- ✓ Visit different ancient and beautiful monasteries of the region
- ✓ Trekking up to the Peak for beautiful sunrise views

### Trip Itinerary

#### Day 01: Arrival in Kathmandu ( alt. 1310m)

Upon your arrival at the Tribhuvan airport Trekking Experts representative welcomes you and assists to transfer in your hotel in Kathmandu. Upon arrival at hotel, our tour manager will brief you about trekking information and other necessary information. And then you'll free time to explore Kathmandu.

**Accommodation:** Three Star Hotel **Meals:** N/A **Walking Hours:** N/A **Altitude:** 1310 meters

#### Day 02: Kathmandu –Japre (alt. 2920m)

After earlier breakfast at the hotel, today you'll drive to Dhap. Drive to Dhap will take about 8/9 hours. From Dhap, you'll trek to Japre. From a ridgeline south of Dhap, you'll start the trek, and as you near Sigane, the trail from Sigane follows a road under construction for the first couple of hours. The first village you reach is called Japre (2920 m), perched above a deep valley with nice views of Everest and Numbur Himal.

There's a pretty little gompa and stupa here, and this is your stop for the night.

**Accommodation:** Lodge **Meals:**Breakfast **Walking Hours:** 3 Hours walk **Altitude:**2920 meters

### **Day 03: Japre- Pikey Peak Base Camp (alt. 3640m)**

After breakfast at lodge at Japre, today you'll head to Pikey Peak Base Camp. The trekking trail initially follows a dusty trail which later leads on an uphill trail to Bhulbule. From here the trail becomes steeper and climbs through the rhododendron forests and small settlement of Lhamuje. From Lhamuje, the trail become wider and follows a pasture where you can see grazing Yaks. Further you will walk through a long Mani Wall and ascend along the winding road to Pikey base camp. Here you can visit Yak Cheese factory and relish the magical view of mountains around.

**Accommodation:** Lodge **Meals:** Breakfast **Walking Hours:** 6/7 Hours walk **Altitude:**3640 meters

### **Day 04: Pikey Peak Base Camp- Loding(alt. 2515m)**

Very early morning today, you'll follow a gradual trail to the view of point of Pikey Peak which is situated at around 4065m from the sea level and you'll find place covered with prayer flags. The views from this view point will be breathtaking. If the weather is clear, you'll be rewarded with panoramic views of mountain ranges like Mt Everest, Dhaulagiri, Manaslu, Thamserku, Kantega, Langtang etc.

From the top of Pikey Peak, you'll follow a ridgeline which starts flat and then steepens as you enter the forest to Jase Bhanjyang, where breakfast you'll have breakfast. And then you'll continue your walk down to Loding, which passes through some steep sections in the forest. At Loding, you'll have a couple choices for accommodation which are both simple and charming.

**Accommodation:** Lodge **Meals:** Breakfast **Walking Hours:** 7 Hours walk **Altitude:**2515 meters

### **Day 05: Loding- Junbensi(alt. 2675m)**

After breakfast at Loding, you'll start the day by heading down to Jase Bhanjyang. From there, there are a few options for the descent to Junbensi. The most likely is a stunning shortcut trail that leaves the ridge shortly after Jase and descends steeply through spectacular old growth forest to Taktor. This path meets the Everest Base Camp trail coming from Jiri. The tea houses from here are a little more developed, and you're likely to meet a few other tourists for the first time.

From Taktor, it is a couple of hours on a lovely trail to Junbensi. Junbensi is a traditional Sherpa village sitting at an altitude of 2675 meters and is the cradle of Sherpa culture and architecture. The Sherpas consider the Solukhumbu a sacred valley. In this remote part of Nepal that borders Tibet, Buddhism flourishes and there are numerous Buddhist monasteries along the way.

**Accommodation:** Lodge **Meals:** Breakfast **Walking Hours:** 5/6 Hours walk **Altitude:**2675 meters

### **Day 06: Junbensi- Taksindu(alt. 2960m)**

After breakfast at Junbensi lodge, you trek to Taksindu with crossing the river at the bottom of town and climb through the forest up to Salung, from where there are views of Mount Everest (8848 m), Chamlang (7319 m) and Makalu (8481 m), weather permitting. There are also gorgeous views out across the valley to Chiwong Monastery and down towards Phaplu.

Continue on the trail, contouring and then dropping down to a stream before a short climb up into Ringmo, famous for its apple orchards and interesting apple products such as apple rakshi (alcohol), cider and apple pie. From here, there's a final short climb to Taksindu La, from where there are again great mountains views, and then a short descent to the Taksindu Monastery and your lodge. The Taksindu Monastery was built in 1946 and is usually open early morning or late afternoon. Please make sure to leave a donation if you visit.

**Accommodation:** Lodge **Meals:** Breakfast **Walking Hours:** 5/6 Hours walk **Altitude:**2960 meters

### **Day 07: Taksindu- Phaplu (alt. 2459m)**

After breakfast at Taksindu, you'll leave the main trekking route again and take a beautiful path down to Phaplu through the forest. There's also the option of hiking up to Chiwong Gompa, perched high on a cliff overlooking the valley. This monastery was founded in 1923 and has magnificent celebrations for the Mani Rimdu festival in autumn. Continue on down into Phaplu and celebrate the completion of a great trek at your cozy tea house.

**Accommodation:** Lodge **Meals:** Breakfast **Walking Hours:** 5/6 Hours walk **Altitude:**2459 meters

### **Day 08: Phaplu- Kathmandu (alt. 1310m)**

After breakfast at Phaplu, you'll drive to Kathmandu. It will take about 7/8 hours drive to Kathmandu. Upon arrival in Kathmandu, you'll check-in at hotel and you'll have free time relax at hotel.

**Accommodation:** Three Star Hotel **Meals:** Breakfast **Walking Hours:** N/A **Altitude:**1310 meters

### **Day 09: Kathmandu (alt. 1310 m)**

Today is your last day in Nepal and you can relax at hotel or do souvenir shopping for your loved ones. Also you can visit world heritages sites of Nepal. There are seven world heritage sites in Kathmandu which

are very beautiful, interesting and meaningful. You shouldn't miss to visit them. You may contact our tour officer if you need any support for visiting those sites and its costs.

**Accommodation:** Three Star Hotel **Meals:** Breakfast **Walking Hours:**

**Altitude:** 1310 meter

### **Day 10: Departure from Kathmandu**

Depending on your flight time, you'll be transfer to airport before 3 hrs of flight time.

## **What's Included**

- Meals & Accommodations**
  - 3 nights in Kathmandu at three star-hotels on twin sharing basis with bed & breakfast
  - 6 nights in local lodges during the trekking on twin sharing basis in common rooms with bed & breakfast
- Transportations & Flights**
  - All airport/hotel/airport transfers by private air-conditioned vehicle
  - Kathmandu-Dhap and Phaplu-Kathmandu ground transfer by air-conditioned private vehicle
  - 15 kg baggage per person for trek
- Permits & Fees**
  - Everest National Park Fee
  - TIMS Fee
- Guide & Supporting Crew**
  - 1 English speaking experienced trekking guide
  - 1 porter for every two members to carry personal baggage
- Value-Added Services**
  - Comprehensive First Aid Kit
  - Comprehensive Trekking Map and Kathmandu Valley Map

## **What's not Included**

- All personal expenses like alcoholic beverages, bottled drinks, telephone calls, laundry services etc.
- Medical and travel insurances
- International airfare and taxes
- Nepal Visa fees
- Emergency helicopter rescue charges
- Main meals during entire trip (lunch and dinner)
- Tips for trekking crew