

Trip Grade: Max. Altitude:

Moderate Plus 28 Nights/29 Days Destination: Region: Activity: Theme

Nepal 7000m Peaks Climbing & Expedition Tented Camp

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## Overview

Mount Putha Hinchuli (Puthahiunchuli) is one of the most beautiful mountain compare to other 7000 meter mountains. Mount Putha Hiunchuli is located in Dolpo region; western part of Nepal Iving in Dhaulagiri mountain range. That's why Putha Hiunchuli is also called Dhaulagiri VI. Putha Hiunchuli is most climbed peak in its category. Climbing Mount Putha Hiunchuli is relatively less technical difficulties compared to other 7000-meter mountain. However, good physical condition is required. Trekking Experts offers Putha Hiunchuli Expedition to climb this beautiful mountain of Dolpo region.

Putha Hiunchuli Expedition with Trekking Experts begins with scenic flight to Nepalgunj from Kathmandu and then flight to Juphal. From Juphal you'll start trekking to Putha Hiunchuli and follows the route of Dunai, Tarakot, Musi Khola Kagkot- Yak Kharka and then will be reach Base camp of Mount Putha Hiunchuli. Trekking to reach base camp of Mount Putha Hiunchuli offers fantastic trekking in land of Bon culture in Nepal. Lying in the same range of world's seventh highest mountain Dhaulagiri, it offers great views of snowcapped mountains west of Annapurna to South of Ganesh Himal. Trekking in off-the beaten trail of Dolpo route offers you trekking in wild nature, typical villages, suspension bridges, yak pastures and Himalayan wild animal and vegetations at the same time.

# **Highlights**

- Climb beautiful 7246-meter Mount Putha Hiunchuli
- ✓ Trekking in the world's isolated Himalayan region Dolpo
- Chance to encounter endangered wild animals such as Snow Leopard, Blue Sheep, and Himalayan Thar
- Climb of one safe and easy 7000-meter peak
- Special Bon cultural villages and inhabitants like DhoTarap
- Many ancient & white-washed monasteries
- The culture & people of both Bon po and Nyingmapa of Buddhist sections

# **Trip Itinerary**

Day 01: Kathmandu (alt. 1310m)

Upon your arrival at the Tribhuvan airport Trekking Experts representative welcomes you and assists to transfer in your hotel in Kathmandu. Upon arrival at hotel, our tour manager will brief you about trekking information and other necessary information. And then you'll free time to explore Kathmandu.

Accommodation: Three Star Hotel Meals: N/A Walking Hours: N/A Altitude: 1310 meters

Experts will be preparing for climbing. One of you who will randomly picked as the Team Leader in the group needs to visit Department of Tourism for permit formalities. It will be just for about an hour only. And you can continue your tour around Kathmandu. There are several world heritage sites in Kathmandu and you can visit three among them. Most probably you'll visit Boudanath, Pashupatinath and Bhaktapur Durbar Square.

Accommodation: Three Star Hotel Meals: Breakfast Walking Hours: N/A Altitude: 1310 meters

# Day 03: Kathmandu - Nepalgunj (alt. 150m)

After breakfast at hotel in Kathmandu, as per the flight schedule for Nepalgunj you'll be transferred to the domestic airport for one and half hour scenic flight to Nepalgunj. Upon arrival at Nepalgunj you'll be again transferred to hotel and you'll have time in the late afternoon or evening to have a look around the town which is situated on the southern Nepal border with India. Here it is quite hot and tropical in character.

Accommodation: Tourist-class Hotel Meals: Breakfast/Dinner Walking Hours: N/A Altitude: 150 meters

# Day 04: Nepalgunj- Dunai (alt. 2150m)

After earlier morning breakfast at Nepalgunj, you'll be transferred to airport for the 45 minute flight to Juphal over the Himalayan foothills, with views of Annapurna and Dhaulagiri peaks to the north. On arriving at Juphal our trekking staffs will receive you, who have walked all the way from Nepalgunj with the camping gear and food supply taking 5-6 days. Here at Juphal a short 2-3 hrs walk from the airstrip leads to our overnight camp at Dunai village. Our first day adventure begins with an hour downhill walk through the village below the airstrip, then leading through the terraced fields to the Bheri River and the narrow gorge taking 2-3 hours to camp at Dunai. This is a much larger village or small township, with a new hospital and it is administrate headquarter of the Dolpo region. Here we have ample time for leisure walk around the village. **Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 2-3 Hours Walk **Altitude**: 2150 meters

## Day 05: Dunai- Tarakot (alt. 2850m)

After breakfast at Dunai camp, your trek for today will lead through many small streams and follow the Bheri and Barbung river in a tremendous gorge with pine trees and an ingenious path built about seven meter above the river, after a good walk coming to Tarakot where colorful terraced fields greets us. Tarakot is an old fortress town built by the local people as Dzong or fort. Tarakot was a capital before Gorkha dynasty. The famed Sandul Gompa lies farther east from Tarakot and at the junction of Barbung khola and Tarup chu (river). The village stands on a hillock to the south of Bheri River at one time supervised collection of tolls for the trading caravans. Overnight camp is made by the river about 150 m below the village near the police post or we climb a steep ridge for an hour to the village on a spur, where there are chorten in a Gompa on the edge of grassy plateau, with a solitary tree. We settle camp for overnight.

**Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 5-6 Hours Walk **Altitude**: 2850 meters

#### Day 06: Tarakot- Khani Gaon (alt. 2543m)

After pleasant breakfast at camp, you'll start trek to Khani Gaoin route following the Tarap Chu river upstream, crossing by bridge and crossing the same river twice. The path leads through the farm terraces and rural villages of Sahartera and winding gradually towards a small settlement of Kola after 3-4 hrs of good morning walk. From this place descend with few ups to reach our overnight camp at Khani Gaun with another 2 hrs of trek and overnight camp near by the village backyard.

**Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 4-5 Hours Walk **Altitude**: 2543 meters

## Day 07: Khani Gaoin- Mushi Khola (alt. 2880m)

After breakfast at camp, you'll trek to Mushi Khola. From Tarakot, first of you'll cross a bride and then you'll head to a little in the Valley Barbung Khola. After decent short there in small lodges and before crossing the bride on the left bank of the Barbung River Where Musi Khola houses were destroyed.

Accommodation: Tented Camp Meals: Breakfast/Lunch/Dinner Walking Hours: 6-7 Hours Walk Altitude: 2880 meters

#### Day 08: Mushi Khola- Kagkot (alt. 3550m)

After breakfast at camp, your today's trail continues to blank above the gorge to a very old wooden bridge, then stiff back across to join the bench with trees until the valley widens into floodplain (two houses in a pasture on the left handle). The trail is right back to the village. In the curve of the valley stops can take a spur (high water). The village is pressed against a cliff, very protected from the wind, a little above the Barbung Khola.



Accommodation: Tented Camp Meals: Breakfast/Lunch/Dinner Walking Hours: 6-7 Hours Walk Alti-

tude: 3550 meters

## Day 09: Kagkot- Pangzi (alt. 4480m)

As always, after breakfast at camp, you'll continue our trekking. Today's trek start from by crossing the river (bridge) and reach the plateau cultivated in front of the village. Ascend the ridge of the forest with multiple felt to pastures over the last trees. And then continue along the ridge to reach the last birch. At the height of the edge notch spot a well-defined trail that crosses the entire face amount slightly grassy. And you'll reach Pangzi where we shall set up today's camp.

**Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 6-7 Hours Walk **Altitude**: 4480 meters

#### Day 10: Pangzi- German Base Camp (alt. 4650m)

Today, you will follow the rising trail heading towards the base camp which is closed off by deep and impassable ravines that can only be reached after crossing two high altitude passes. We will follow the trail that heads for the crossing of first pass at 4,160 meters. From there we will continue our trek to reach our campsite near German Base Camp at 4,650 meters. Our crew will set up the camp as soon as we reach the campsite. Resting after a long day's trek is surely worth.

**Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 6-7 Hours Walk **Altitude**: 4650 meters

# Day 11: German Base Camp- Putha Hinchuli Base Camp (alt. 4915m)

After breakfast, you'll leave German Base Camp and will follow the trail that is a steep ascend over the second and much more challenging pass. The climbing of Putha Hiunchuli is considered much less technical, however, the ascending trail to reach the base camp is considered much more difficult. Trekking in higher altitude can be very tiring so resting every now and then helps in restoring energy much needed for a fruitful trekking. Our base camp will be set over moraine plateau at 4,915 meters. Our crew will make necessary preparations for climbing Putha Hiunchuli.

**Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 6-7 Hours Walk **Altitude**: 4915 meters

#### Day 12-22: Putha Hiunchuli (alt. 7246m) Climbing Period

After one night stay at Putha Hinchuli Base Camp, you'll spend several days doing climbing training practices with adequate days for acclimatization. And you will follow the footsteps and instructions given by our experienced climbing experts. Overcoming several technical climbing sections and taking weather conditions into consideration we climb towards the summit of Putha Hiunchuli. Once at the top we are rewarded with breathtaking views of high valleys and peaks within Dolpo region. You will spend short quality time at the summit and descend back to base camp following the same route.

Accommodation: Tented Camp Meals: Breakfast/Lunch/Dinner Walking Hours: N/A Altitude: N/A

# Day 23: Putha Hinchuli Base Camp - German Base Camp (alt. 4650m)

After successful summit of Putha Hinchuli (7246 meters), you'll back to German base camp. After cleaning up the base camp, you will retrace our steps on the same trail that passes through crossing a pass to reach our campsite at German Base Camp. On your way back you will explore the beautiful landscapes of Dolpo region.

**Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 5-6 Hours Walk **Altitude**: 4650 meters

## Day 24: German Base Camp- Kagkot (alt. 3550m)

After breakfast, you will pack your gears and leave our camp at the German Base Camp. You'll continue to retrace our steps that head back for the crossing of another pass. The trail after crossing the pass is a pleasant walk as you descend to reach back to Kagkot for our overnight camping.

**Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 6-7 Hours Walk **Altitude**: 3550 meters

#### Day 25: Kagkot- Khani Goan (alt. 2880m)

After breakfast, you'll trek to Khani Gaon.

Accommodation: Tented Camp Meals: Breakfast/Lunch/Dinner Walking Hours: 5-6 Hours Walk Alti-

tude: 2880 meters

# Day 26: Khani Gaon- Dunai (alt. 2150m)

After breakfast, you'll trek to Tarakot. And will continue trek to Dunai.



**Accommodation**: Tented Camp **Meals**: Breakfast/Lunch/Dinner **Walking Hours**: 5-6 Hours Walk **Altitude**: 2150 meters

#### Day 27: Juphal-Kathmandu (alt. 1310m)

After earlier breakfast at Juphal, you'll take early morning 30 minutes sweeping wonderful flight to Nepalgunj over the Himalayan foothills, overlooking stunning views of the snow capped peaks. On arrival at Nepalgunj depending upon the connecting flight schedule to Kathmandu. If it's in the afternoon you will have time, you can spend some time in Nepalgunj. Then you'll connect with flight back to Kathmandu. Upon arrival at Kathmandu airport, you'll be transferred to hotel.

Accommodation: Three Star Hotel Meals: Breakfast Walking Hours: N/A Altitude: 1310 meters

#### Day 28: Kathmandu (alt. 1310m)

Today is your last day in Nepal so prepare for departure, packing and returning gear. A massage is highly recommended to relax your tired muscles before your long haul flight home. Tour leader of the trip visits Department of Tourism for some Government formalities after the trip as De-Briefing. In the evening you'll have farewell dinner at local Nepalese restaurant with typical cultured dances.

Accommodation: Three Star Hotel Meals: Breakfast/Dinner Walking Hours: N/A Altitude: 1310 meters

## Day 29: Departure from Kathmandu

Depending on your flight time, you'll be transfer to airport before 3 hrs of flight time.

Accommodation: N/A Meals: Breakfast Walking Hours: N/A Altitude: N/A

#### What's Included

# ✓ Meals & Accommodations

- i) 4 nights in Kathmandu at three star hotel or similar three star-hotels on twin sharing basis with bed & breakfast
- ii) 1 night in Nepalgunj at tourist-class hotel on twin sharing basis with half board (Breakfast and Dinner)
- iii) 23 nights in tented camps during the trekking and high camps on twin sharing basis with full board (Breakfast, Lunch and Dinner)

# **✓** Transportations & Flights

- i) All airport/hotel/airport transfers by private air-conditioned vehicle
- ii) Kathmandu-Nepalgunj and Nepalgunj-Juphal flight with airport taxes with 30 kg free baggage (Euro 1 per kg for excess baggage above 30 kg and extra porter if baggage is 30 kg for trek)
- iii) Juphal-Nepalgunj and Nepalgunj-Kathmandu flight with airport taxes with 15 kg free baggage (Euro 1 per kg for excess baggage above 15 kg and extra porter if baggage is 30 kg for trek)
- iv) 30 kg baggage per person for till BC and return

# ✓ Permits & Fees

- i) Shey Phoksundo National Park Fee
- ii) Lower Dolpo Special Permit Fee
- iii) Putha Hiunchuli Expedition Permit Fee
- iv) Garbage Deposit Fee
- v) Insurance for guide in order to obtain permit
- vi) 1 Government Laison Officer with his/her insurance, food allowance and flights

#### ✓ Guide & Supporting Crew at/till Base Camp

- i) 1 English speaking experienced trekking guide
- ii) 1 expedition cooks and required kitchen helpers
- iii) Required Mules/Yak to carry personal baggage
- iv) Required Mules/Yak to carry camping equipment, food, fuel and climbing gears for Juphal-base camp and base camp to Juphal

# ✓ Equipments till Base Camp

- i) 1 sleeping tent for every member
- ii) 1 Foam mattress for every member
- iii) Dining Tents and kitchen tent
- iv) Store Tents



- v) Required toilet tents
- vi) Required Shower tents
- vii) Required tables and chairs
- viii) Required kitchen utensils with fuel
- ix) Solar light for lighting purpose only
- x) 2 pairs of walki-talkies
- xi) 1 Satellite Phone (Use and pay Euro 4 per unit call)
- xii) Comprehensive First Aid Kit
- xiii) 1 Gamov Bag

## What's not included

- All personal expenses like alcoholic beverages, bottled drinks, telephone calls, laundry services
- International airfare and taxes
- Nepal Visa fees
- Cargo Fee for domestic flights for baggage above 15kg and porter if baggage is above 30 kg
- Referency helicopter rescue charges
- Main meals in Kathmandu (lunch and dinner)
- □ Tips for trekking/climbing crew
- Guide & Supporting Crew above base camp (in the mountain): High Altitude Sherpa
- Summit Bonus for HA Sherpa
- □ Carry Bonus for HA Sherpa
- Services & Equipments above Base Camp
  - i) 2-men high altitude sleeping tent for sharing basis
  - ii) Required Coffel Set and Gas burner/Epi Stoves
  - iii) High Altitude food
  - iv) Climbing Gear in the mountains such as fixed rope, main rope, snow bars, snow shovel, carabiners
  - v) Cooking set in the mountain such as Epi gases, gas burner, cooking pots etc for members and sherpas

