

Cho Oyu (8201m) Expedition



Trip Grade: Extreme
Duration: 41 Nights/42 Days
Max. Altitude: 8201m

Destination: Tibet
Region: 8000m Peaks
Activity: Climbing & Expedition
Theme: Lodge & Tented Camp

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Overview

Mount Cho Oyu (8201m) is sixth highest mountain in the world. Mount Cho Oyu is situated between Nepal and Tibet (China) border. Mount Cho Oyu is considered as one of the easiest 8000-meter mountain to climb among fourteen 8000-meter mountains in the world. It is technically straightforward climb with a minimal danger and easy decent. Mount Cho Oyu would be the best choice for the mountaineers who want to stand on the summit of 8000 meter peak due to its straight forward climbing with minimal objective danger and less technically demanding. Trekking Experts offers Cho Oyu Expedition to allow mountaineers to climb Mount Cho Oyu.

Cho Oyu Expedition with Trekking Experts beings with about six hours' drive to Nepal-Tibet border, Kerung/Rasuwaghadi. Mount Cho Oyu is located in Khumbu region just near the world' highest mountain Mount Everest. It is located just west of Nangpa La, the old trade route between Khumbu and Tibet. But due difficult to approach Mount Cho Oyu from Nepal side, all the mountaineers climb Mount Cho Oyu from Tibet side. The north route from Tibet is west ridge and commonly referred as the normal route. Mount Cho Oyu is semi-technical with short ice cliffs, rock band and serval crevasses. We, Trekking Experts provides full board services with all logistic supports including permits, meals, climbing Sherpas and climbing gears. The journey to the base camp of Mount Cho Oyu from Kathmandu, the capital of Nepal, it will take you across the Tibetan plateau where you'll make stops in Tingri for acclimatization. Expert climbing Sherpa from Trekking Experts will guide you to make successful summit Mount Cho Oyu.

Highlights

- Climb one of the safest eight thousand mountain**
- Climb world's sixth highest mountain**
- Expedition led by experienced Sherpa climbers**
- Drive through the highlands of the Tibetan plateau**
- Extraordinary views of some of highest peaks in the world: Everest, Makalu, Shishanpangma and Lhotse**

Trip Itinerary

Day 01: Kathmandu (alt. 1310m)

Upon your arrival at the Tribhuvan airport Trekking Experts representative welcomes you and assists to transfer in your hotel in Kathmandu. Upon arrival at hotel, our tour manager will brief you about trekking information and other necessary information. And then you'll free time to explore Kathmandu. Dinner will be booked at the hotel.

Accommodation: Three Star Hotel **Meals:** N/A **Walking Hours:** N/A **Altitude:** 1310 meters

Today you'll visit around Kathmandu at the same time Trekking Experts will be preparing for climbing. You can continue your tour around Kathmandu. There are several world heritages sites in Kathmandu and you can visit three among them. Most probably you'll visit Boudanath, Pashupatinath and Bhaktapur Durbar Square. In the meantime, Trekking Experts will obtain travel and climbing permit for Tibet.

Accommodation: Three Star Hotel **Meals:** Breakfast **Walking Hours:** N/A **Altitude:** 1310 meters

Day 03: Kathmandu (alt. 1310m)

This day is fully free day and waits for Tibet visa. Also, today you can do last minutes shopping if you missed to buy anything for this expedition. If there is no holiday in previous day, you'll have free time to rest and explore around Kathmandu valley. In a meantime, we, Trekking Experts will collect your passports and visas from Embassy of China and will do final preparation.

Accommodation: Three Star Hotel **Meals:** Breakfast **Walking Hours:** N/A **Altitude:** 1310 meters

Day 04: Kathmandu: Kyirung (alt. 2800m)

After finalizing Tibet visa and very early morning breakfast, you'll drive to Rasuwaghadi-the border between Nepal and Tibet. You'll lead towards north of Kathmandu following Pasang Lhamu Highway and cross the Langtang National Park to reach the border. Upon arrival at border, you'll pass your baggage from immigration and drive to Kyirung. And then you'll have to rest and explore around.

Accommodation: Tourist-class Hotel **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** N/A **Altitude:**2800 meters

Day 05: Kyirung-Old Dingri (alt. 4390m)

After breakfast, you'll drive further towards base camp of Mount Everest and today you'll drive to Old Tingri. You'll catch up friendship high way where Old Dingri is located. Old Dingri is one of the popular places to stop a night in order to view Mount Everest for tourists especially for those who are unable to go to Mount Cho Oyu because of altitude problem.

Accommodation: Guest House **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** 190 kilometers drive **Altitude:**4390 meters

Day 06: Old Dingri (alt. 4390m)

Today you've fully free to explore around Old Dingri. This day is for acclimatization as you'll be already above 4390 meters from sea level. After breakfast you'll hike up to 5000 meters to stretch your legs and acclimatization.

Accommodation: Guest House **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** N/A **Altitude:** 4390 meters

Day 07: Old Dingri- Cho Oyu Chinese Base Camp (alt. 4800m)

After breakfast at Old Dingri, today you'll drive to Chinese base camp Cho Oyu. After two- and half-hour drive to base camp, you'll rest at Cho Chinese base camp.

Accommodation: Tented Camp **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** N/A **Altitude:**4800 meters

Day 08: Cho Oyu Chinese Base Camp (alt. 4800m)

Today you'll take rest at Cho Oyu Chinese base camp for better acclimatization at nearly 5000-meter altitude. Also, you'll pack your baggage to be transported to advance base camp by yaks.

Accommodation: Tented Camp **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** N/A **Altitude:** 4800 meters

Day 09: Cho Oyu Chinese Base Camp- Advance Base Camp (alt. 5700m)

Today you'll move forward to Advance Base Camp. Yak and Yak-man will transport your luggage to advance during this time. You'll cross the Ra Chhu River and where you can settle Intermediate Camp if required. Your climbing Sherpas will decide whether setup intermediate camp or move further to advance base camp. From here you'll move further by trek along the moraine of the Gyabrag Glacier to Advanced Base Camp located at the base of Cho Oyu just east of the Nangpa La, a glaciated pass that serves as the

main trading route between Tibet and the Khumbu Valley. This Advance Base Camp (ABC) is actually where you'll spend most of your time on Cho Oyu. It is perched in a glacial moraine which is comfortable and sunny. All our team will set up camps here in ABC.

Accommodation: Tented Camp **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** 5/6 Hours Walk **Altitude:** 5700 meters

Day 10/35: Mount Cho Oyu Climbing Period

We have estimated about 25-days to make summit of Mount Cho Oyu. During these days you'll rest in ABC for better acclimatization, will rotate to upper camps for practice and also gain some knowledge about climbing during these days. Your climbing guide will guide and will train you for climbing and will instruct you about skill of climbing. In the meantime, your climbing guide will supply equipment like oxygen, tents, high food, rope etc to higher camps during these days and also will set camp above advance base camp.

Generally, we shall set up three camps above advance base camp. First of all, we shall set camp I at around 6400-meters from sea level. From advanced base camp to camp will take most people 4-6 hours. The route will be walking along the Gyabrag Glacier, before moving to a steep scree slope that takes you to the shoulder of a broad snow field and camp I. While camp I is set in a generally safe location, there are always risks of avalanche on any big mountain and proper safety precautions and tent set-up are important. Camp II will be set up at around 7100-meters from sea level. It is located at a wide snow face just above a prominent 25-meter-high ice cliff. To make climbing the ice cliff safer, we will fix a line up the cliff making this part of the trip safer and more enjoyable. From camp I to camp II will take most climbers 5 -7 hours on mostly 35–38-degree snow slopes.

The last camp i.e., Camp III will be set up at around 7500-meters from sea level. Camp III is located at 7500-meter which leaves the climbers with a 700-meter push for the summit day. Camp III is located just below the yellow band, which is a rock cliff that must be negotiated to reach the summit and is sometimes covered in snow. The climbing route is a straightforward, but steep snow slope above the yellow band, but very strenuous. Since we will only spend a short amount of time at camp III, this camp does not contain many amenities. Around 45% of climbers will utilize bottled oxygen above camp III. Most climbers will leave camp III for the summit around 01:00 AM in the morning. Upon leaving camp III it will take you 7-9 hours of hard work to reach the summit of Cho Oyu. Most climbers will reach the summit between 07:00 AM to 10:00 AM if the weather is stable and conditions. After crossing the yellow band, which is not difficult at sea level, but can be challenging at 7800 meters, the remainder of the summit day is a long steep snow slope that requires climbers to dig deep and keep focused.

Accommodation: Tented Camp **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** N/A **Altitude:** N/A

Day 36: Close Advance Base Camp (alt. 5700m)

After successful summit of Mount Cho Oyu, today you'll take rest at ABC and the same time we shall pack all the equipment and close the camp up there. We shall make ready all equipment ready to move to Chinese base camp. Also, Yaks will come to pick up luggage there.

Accommodation: Tented Camp **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** N/A **Altitude:** 5700 meters

Day 37: Advance Base Camp- Cho Oyu Chinese Base Camp (alt. 4800m)

After loading all the equipment, you'll descent to Cho Oyu Chinese base camp following the same way.

Accommodation: Tented Camp **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** 5/6 Hours Walk **Altitude:** 4800 meters

Day 38: Cho Oyu Chinese Base Camp- Old Dingri (alt. 4390m)

After breakfast at base camp, we shall load all your personal gears into jeeps and drive to Old Dingri.

Accommodation: Guest House **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** N/A **Altitude:** 4390 meters

Day 39: Old Dingri-Kyirung (alt. 2800m)

After breakfast at base camp, you'll drive to Kyirung following the same route.

Accommodation: Tourist-class Hotel **Meals:** Breakfast /Lunch/Dinner **Walking Hours:** N/A **Altitude:**2800 meters

Day 40: Kyirung-Kathmandu (alt. 1310m)

After earlier breakfast, you'll transfer border; cross border and then will drive to Kathmandu.

Accommodation: Three Star Hotel **Meals:** Breakfast /Lunch **Walking Hours:** N/A **Altitude:**1310 meters

Day 41: Kathmandu (alt. 1310m)

Today is fully free day to rest in Kathmandu. After successful summit of Mount Cho Oyu, you can celebrate successful day in Kathmandu. In the evening, Trekking Experts will organize farewell dinner at typical Nep-alese restaurant.

Accommodation: Three Star Hotel **Meals:** Breakfast /Dinner **Walking Hours:** N/A **Altitude:** 1310 meters

Day 42: Departure from Kathmandu

Depending on your flight time, you'll be transfer to airport before 3 hrs of flight time.

Accommodation: N/A **Meals:** Breakfast **Walking Hours:** N/A **Altitude:** N/A

What's Included

Meals & Accommodations

5 nights in Kathmandu at three star hotel or similar three star-hotels on twin sharing basis with bed & breakfast

5 nights in local hotel/guest houses in Tibet during trip to base camp and back on twin sharing basis with full board (Breakfast, Lunch and Dinner)

31 nights in tented camps at base camp on single tents and twin sharing basis on high camps with full board (Breakfast, Lunch and Dinner)

Transportations & Flights

All airport/hotel/airport transfers by private air-conditioned vehicle Kathmandu-Kerung and Kerung-Kathmandu by private jeep/bus with staff

Kerung-Chinese Base Camp and Chinese Base Camp -Kerung by private jeep/bus with staff
50 kg baggage per person for trek

Permits & Fees

Tibet Entry permit

Fees for Laison Officer, driver and interpreter, Yak driver

Mount Cho Oyu Climbing Permit

National Park Fee

Garbage Deposit Fee

Guide & Supporting Crew at/till Advance Base Camp:

1 English speaking Tibetan guide and interpreter during the trip

1 expedition cooks and required kitchen helpers at advance base camp

All required yaks to carry camping equipment, food, fuel and climbing gears for CBC-ABC and ABC to CBC

Equipments till Base Camp

1 sleeping tent for every member

1 Foam mattress for every member

Dining Tents and kitchen tent

Store Tents

Required toilet tents

Required Shower tents

Required tables and chairs

Required kitchen utensils with fuel Solar light for lighting purpose only

What's not Included

- All personal expenses like alcoholic beverages, bottled drinks, telephone calls, laundry services
- Medical and travel insurances
- International airfare and taxes
- Nepal Visa fees
- Tibet Visa Fee USD 114
- Emergency helicopter rescue charges
- Main meals in Kathmandu (lunch and dinner)
- Tips for trekking/climbing crew
- Guide & Supporting Crew above base camp (in the mountain): High Altitude Sherpa
- Summit Bonus for HA Sherpa
- Carry Bonus for HA Sherpas
- Services & Equipments above Base Camp
- Oxygen Bottle
- Set of mask & Regulator
- Rope Fixing Fee